**Current Focus**

**“Empathy” (My feelings / Your feelings)**

Emotional intelligence is the ability to understand how your emotions impact on the way you think, communicate, behave and influence others. Emotionally intelligent people create effective working relationships, solve problems and have an increased capacity to work effectively.

It's healthy to have positive and negative feelings. They help us to identify our reactions to the way we think about ourselves, others and the world around us.

Empathy and compassion are habits that can be developed. They are a fundamental building block for good personal development and positive mental health for all. It happens when one person has a caring emotional response to someone else.

To be empathic a person needs to be able to:

- Understand their own feelings/emotions
- Notice the feelings of another person
- Understand the feelings of another person
- Act in a caring way.

Chris Tsiplakis ☺

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**DIARY DATES**

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<th>MAY</th>
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<tbody>
<tr>
<td>Tuesday 21st</td>
<td>9.00-11.00am Education Week Open Morning</td>
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<td>9.30-Gr 6 Dinner Meeting</td>
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<td>Tues 21st</td>
<td>6.00-7.30pm Year 7 2014 Information Evening at Daylesford</td>
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<td>Secondary College (Theatre).</td>
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<tr>
<td>Weds 22nd</td>
<td>National Simultaneous Storytime - this year’s book “The Wrong</td>
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<td>Book” by Nick Bland.</td>
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<td>Thurs 23rd</td>
<td>Gr.6 Transition Day at DSC.</td>
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<td>Friday 24th</td>
<td>House Athletics, Llanberris Reserve</td>
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<td>Mon 27th</td>
<td>– Weds 29th Gr.5/6 Camp Wilkin</td>
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<th>JUNE</th>
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<tr>
<td>Weds 5th</td>
<td>School Photos</td>
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<tr>
<td>Friday 7th</td>
<td>Gr. 5/6 Earth Ed Science Excursion 56B &amp; 56M</td>
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<td>Monday 10th</td>
<td>Queen’s Birthday Holiday</td>
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<tr>
<td>Weds 12th</td>
<td>Earth Ed Science Excurs. 56C</td>
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<td>Thurs 27th</td>
<td>5/6’s Major Games Day St.Michaels</td>
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<td>Friday 28th</td>
<td>End of Term 2. 2.30pm Finish</td>
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**AUGUST**

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<tr>
<td>Sat 3rd &amp; Sun 4th BOOK FAIR</td>
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**PUPIL FREE DAYS:**


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**School Term Dates 2013:**

Term 2 15th April – 28th June
Term 3 16th July – 20th Sep
Term 4 7th Oct - 20th December

**Office Hours:** 8.30am – 4.00pm
School Banking every Friday

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**GRADE 6 PARENTS REMINDER**

Donations for Winter Raffle by 24th MAY please.

GR 5/6 CAMP REQUEST...

FINAL PAYMENTS ARE BEING ACCEPTED NOW AS ALL CHILDREN WILL NEED TO HAVE THIS IN PLACE BEFORE DEPARTURE.

THANK YOU.

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Term 2  No.13 Friday, 17th May, 2013.
Current Focus: “Empathy”
Last Friday, I had the pleasure of attending the Goldfields Cross Country at Clunes GC. The school had 35 students competing. I was very proud of the students for a number of reasons. The way they competed, the way they cheered for each other and the way in which they conducted themselves through the day. The XC course was very demanding and required a strong mind as well as a strong body. We congratulated all 35 children at assembly this week. More pictures can be viewed on our website. http://www.daylesps.vic.edu.au/new/news/gallery.htm!

We wish the eight students, who have advanced through to the Zone XC in Ballarat this Friday, all the very best.

Grade 3 & 5 students sat the NAPLAN tests this week.

House meetings were held in preparation for the House Athletic sports in Ballarat next Friday.

A reminder that we have an Open Morning for prospective parents, next Tuesday from 9.00 -11.00, starting in the gym with our assembly.

Family groups will be treated to a music performance next week. The Eltham SC Band will be performing in our gym at 2.30.

Well done to parents who have adjusted to the weather change, by increasing the food in lunch boxes and sending the children to school, with a number of layers. A reminder that the lost & found box is over flowing with uniforms at the moment.

The focus of our fortnight was extremely well modelled in our assembly this week by Grade 2GW. The video that the students put together, clearly required a great deal of organisation and co-operation and reinforced in an entertaining way the value of been organised.

Finally, I would like to express my appreciation to the large number of families who have attended to their commitments re class materials, KG and camp. On behalf of School Council, thank you.

Peter Burke
POTATO CAKES WITH CHIVE SOUR CREAM
Adapted from Stephanie’s, "Kitchen Garden Cooking with Kids".
Makes: 30 potato cakes.
15 medium potatoes
20-30 chives
2 small onions
6 teaspoons corn flour
1 cup sour cream
salt and pepper
clarified butter for cooking

WHAT TO DO:
• Peel potatoes and place in a bowl of cold water
• Peel onions
• Wash, dry (in a rolled up tea towel) then chop chives, set aside.
• Grate potatoes and onions in a food processor. Squeeze out excess liquid by tipping grated veg (a small amount at a time) into a tea towel, roll it up and twist to squeeze out the liquid.
• Place in a large bowl, season with salt and pepper, add the cornflour and half chopped chives. Mix well with a wooden spoon.
• Grease a frying pan with clarified butter, (a good layer) then place over a medium heat. Make a potato cake by spooning a few teaspoons of mix into the frying pan. (Each cake should be about 6cm in diameter.) Cook for about 3 minutes, then turn over, using an egg lifter and cook for a further 3 minutes.
• When cooked and golden brown, keep warm on a baking tray lined with kitchen paper in a low oven. Add more clarified butter to pan as needed and continue cooking in batches until you have used all the mixture.
• To the sour cream add remaining chives, season with salt and pepper and mix well.
• Arrange the potato cakes on a serving plate and place a bowl of chive sour cream in the centre and serve.

STUDENT / COMMUNITY ACTIVITIES

GREAT TRENTHAM SPUDFEST
SAT 18th MAY 2013
Once again the Spudlight will be shone on Trentham so if you are looking for a great festival experience full of fun, food and music then this is for you.

Spud Hub
Quarry Street Reserve will be transformed into ‘Spud Hub’ with hot potatoes, hot art, hot music, fantastic entertainment and lots of exciting activities for everyone to enjoy.

Here is a snapshot of what is in store for the 6th annual Great Trentham Spudfest:
- 9.30am Official parade and opening down High St Trentham from Market St led by the spruiker ‘Spud’ with the Daylesord Pipe Band and the little blue ute holding the ‘Kipflers’ (5 buskers all aged 10 or under and their dog Woody) and the Classic Car Club
- 10.00am to 4.00pm - Spudtastic children’s activities and games including paint a spud character, guess the number of spuds in the ute and lots more
- Spudtactular food, beverages and other stalls, Bonza Banana Band, Stilt walker, Music, Mobile farmyard, pony rides; face painting, Spudhunters- dig for potatoes in our special spud paddock on site.
- Spud merchandise for sale & spuds from local farmers (straight from the farmer to you - lots of varieties)
- Puppet Show – Story of a Potato. Performed by Trentham Primary School, Trentham Youth Group, Trentham Potatoes, local artists and special guests.

Spudtacular Dinner 7pm Saturday 18 May
Held at the Cosmo. $75 per head includes a 3 course meal, lively music and frivolity. Drinks purchased from the bar. Bookings at the Cosmo 03 5424 1516 or email enquiries@thecosmopolitanhotel.com.au (full payment required at time of booking).

Other activities going on around town include a photo competition display, historical machinery display, spud-related dishes at local cafés and restaurants and much, much more.

Access to ‘Spud Hub’ is free so bring the family along. There is something for everyone. You’d never guess potatoes could be this much fun!

- Colouring competition (ages 3-12) Can be downloaded at www.trenthamspudfest.org.au

For more information visit: www.trenthamspudfest.org.au or email info@trenthamspudfest.org.au or call 0419 897 660.
SAT 18th MAY FUN SKATE SESSION

YMCA Ballarat/ Ballarat Roller Derby League
Delacombe Stadium
1pm – 4pm. $10 per person includes skate hire and 3 hours of skating.
Kiosk Operating
Ages 4+
Skating lessons available (Bookings essential)
Contact Stacey 0434 743 993

School Camps & Excursions: Asthma
If your child has asthma, attending school camps and excursions can introduce them to new asthma triggers especially if they are going into new environments. It is essential that your child can participate fully and safely in all school activities. The following is a list of considerations to make for your child before they go on school camp or an excursion:

- Is your child’s asthma currently well controlled (e.g. no symptoms at night, reliever use less than 3 times per week)?
- Has your child had an asthma attack or asthma symptoms recently?
- Does the school have an Asthma Action Plan for your child?
- Has the school asked you to complete a School Camp and Excursion Medical Update Form?
- Does your child have their reliever medication and spacer on hand at all times?
- Are they attending with any other medications to be taken on the camp/excursion? If so, are there sufficient instructions to staff for use/dosage?
- Does your child self-administer their medication? If so, has their technique been checked recently?

YOGA FOR KIDS
What is yoga? It’s fun!
Learn to balance on your hands, stand on your head, touch your toes, bend backwards, forwards - bend every which way! You'll even learn how to tie yourself up in knots!
Booking required.
Contact Daylesford Yoga 5348 3888 or shayna@daylesfordyoga.com
39 East St Daylesford

SPRUNG CIRCUS presents classes for term 2 2013 !!! All classes at Hepburn Primary Hall. Call Mara 0477 499 342.

Daylesford Hepburn Auskick
AFL introductory program for primary school-aged children and their families
Register online aflauskick.com.au
Victoria Park, Daylesford Oval No. 2 Junior Oval
Sundays @ 10am  Enq. Steve Walsh 0417 573 417

INTERNATIONAL SCHOOLS COMPETITION 2013
ENGLISH, MATHS, SCIENCE, WRITING, SPELLING
for grades 3-6

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<tr>
<th>Competition</th>
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<tr>
<td>Science</td>
<td>4th June</td>
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<tr>
<td>Writing</td>
<td>17th June</td>
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<tr>
<td>Spelling</td>
<td>18th June</td>
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<tr>
<td>English</td>
<td>30th July</td>
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<tr>
<td>Mathematics</td>
<td>13th August</td>
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ABSENCE
If your child is absent please notify the office by telephone, and we will let the teacher know, or send a written note with your child on their return. These written records are required for audit purposes.

LATE ARRIVALS
If arriving after 9.00am can parents please sign in students at office first, before attending class. Thank you.

Daylesford Kinship Support Group
Kinship Care is when children are cared for by Grandparents, Aunties, Uncles or friends of the family, when the children’s parents are unable to care for them due to mental illness, difficulties managing alcohol & drug use, homelessness or domestic violence.
For further details contact Toni Schiltz (Child & Family Services) 5337 3333.